



An e-newsletter for friends of Ronald McDonald House Toronto

New in April

Thank you to our community of supporters - please enjoy our latest House and Family Room news!

Teddy Bear Clinic

RMH Toronto Child Life Specialists recently hosted a Teddy Bear Clinic for children at the House. The clinic, hosted three or four times each year, helps children familiarize themselves with different medical procedures and equipment and helps eliminate certain stressors associated with them. This also gives the Child Life Specialists the opportunity to talk to the children about coping skills that they can use during different procedures to help reduce their anxiety.

The Teddy Bear Clinic is also helpful for siblings as it provides an opportunity to understand what their sibling undergoing treatment endures each time they go to the hospital and helps clear up any misconceptions they may have about such experiences. [See more photos](#)



Volunteer at Ronald McDonald Family Room at SickKids

We are recruiting for Family Room volunteers in our upcoming Family Room at SickKids. If you are available for 3 hours per week and can commit for six months, we would love to hear from you. For more information on how to get involved, please [view the volunteer posting](#).

May 7th is McHappy Day

On this special day, \$1 from every Big Mac®, Happy Meal®, and hot McCafé® beverage sold in McDonald's restaurants will go to local children's charities across the country, such as Ronald McDonald House Toronto. Take your friends, family or co-workers out for a meal on McHappy Day and help make a difference for our families! [Learn more](#)

Hudson's Story

On Valentine's Day, Hudson was born premature at 26 weeks, 4 days and weighed only 2.5 lbs. Hudson's family stayed at the House while he slowly doubled his weight in the NICU at SickKids. While Hudson's mom spent most of her time at his side, his dad took care of his older sister and brother at the House, where the family enjoyed many of the programs and services offered throughout their

stay. [Read Hudson's story](#)



Valentina's Story

Valentina's mom was feeling a little "off" during the final trimester of her pregnancy and went to The Credit Valley Hospital for a quick check-up. Convinced that her symptoms were minor, she told her husband that he didn't need to come along. To her surprise, she gave birth to Valentina that day, six weeks early! The first-time mom is grateful for the Ronald McDonald Family Room at Credit Valley Hospital, which meant she could stay with her baby in the NICU at night. [Read Valentina's story](#)



YPC House Party

The RMH Toronto Young Professionals Committee (YPC) is proud to announce its inaugural event, The House Party, at Steam Whistle Brewery on October 9th, 2014. The nostalgia, feelings and vibes of a House Party will come together with 300 YPs from around Toronto for a fun evening. All proceeds go to supporting families with seriously ill children staying at RMH Toronto or one of our Family Rooms. Sponsorship opportunities are still available. [Learn more](#)



Scotiabank Easter Party

Scotiabank hosted their annual Easter party at the House. Along with the ever-popular Easter Egg Hunt, children staying at the House had the opportunity to visit the Clubhouse to make their own Easter-themed crafts. Thank you Scotiabank for helping make it a bit easier and enjoyable for families who are away from home this holiday. [See more photos](#)

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